



Mountain Bike

Last updated 2015

GRADE

Men's Open
Men's U18
Men's U15
Ladies' Open
Ladies' U18
Ladies' U15

PRACTICE

- Competitors should familiarize themselves with the course before the event
- Practice laps of the course will be permitted prior to the main event.

UNIFORM AND EQUIPMENT

- A roadworthy bicycle and an approved safety helmet are pre-requisites to starting the event
- All bicycles will be checked by the race supervisor prior to the race commencing
- Bikes must have good brakes, safe steering and properly inflated tyres to be considered roadworthy.

FORMAT

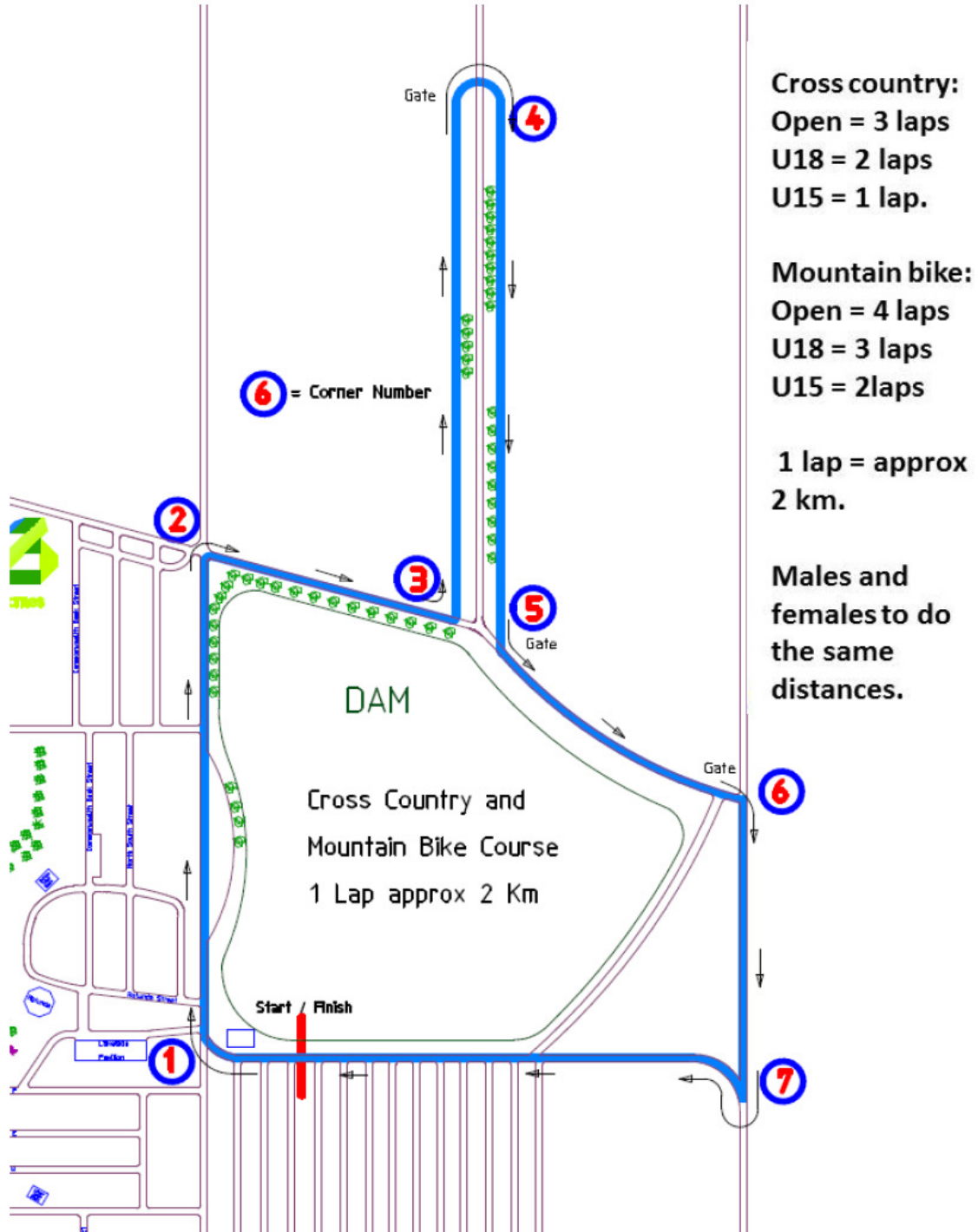
- All races will commence at the one time
- Event distances:
Open: 8km = 4 laps
U18: 6km = 3 laps
U15: 4km = 2 laps

State Youth Games is presented by Youth Vision Victoria

To ensure SYG participants are adequately covered in the event of a personal or sporting related accident it is strongly recommended that participating groups or individual participants arrange personal accident insurance. It is the responsibility of the group coordinator to ensure this is communicated to SYG participants associated with their groups.



Mountain Bike Riding – Course Map 2015



State Youth Games is presented by Youth Vision Victoria

To ensure SYG participants are adequately covered in the event of a personal or sporting related accident it is strongly recommended that participating groups or individual participants arrange personal accident insurance. It is the responsibility of the group co-ordinator to ensure this is communicated to SYG participants associated with their groups.