



Mountain Bike

All participants must wear their SYG wristband when playing, and show it to the umpires, officials and Sports Coordinators when requested.

GRADE

Men's Open

Men's U18

Men's U15

Ladies' Open

Ladies' U18

Ladies' U15

PRACTICE

- Competitors should familiarize themselves with the course before the event
- Practice laps of the course will be permitted prior to the main event.

UNIFORM AND EQUIPMENT

- A roadworthy bicycle and an approved safety helmet are pre-requisites to starting the event
- All bicycles will be checked by the race supervisor prior to the race commencing
- Bikes must have good brakes, safe steering and properly inflated tyres to be considered roadworthy.

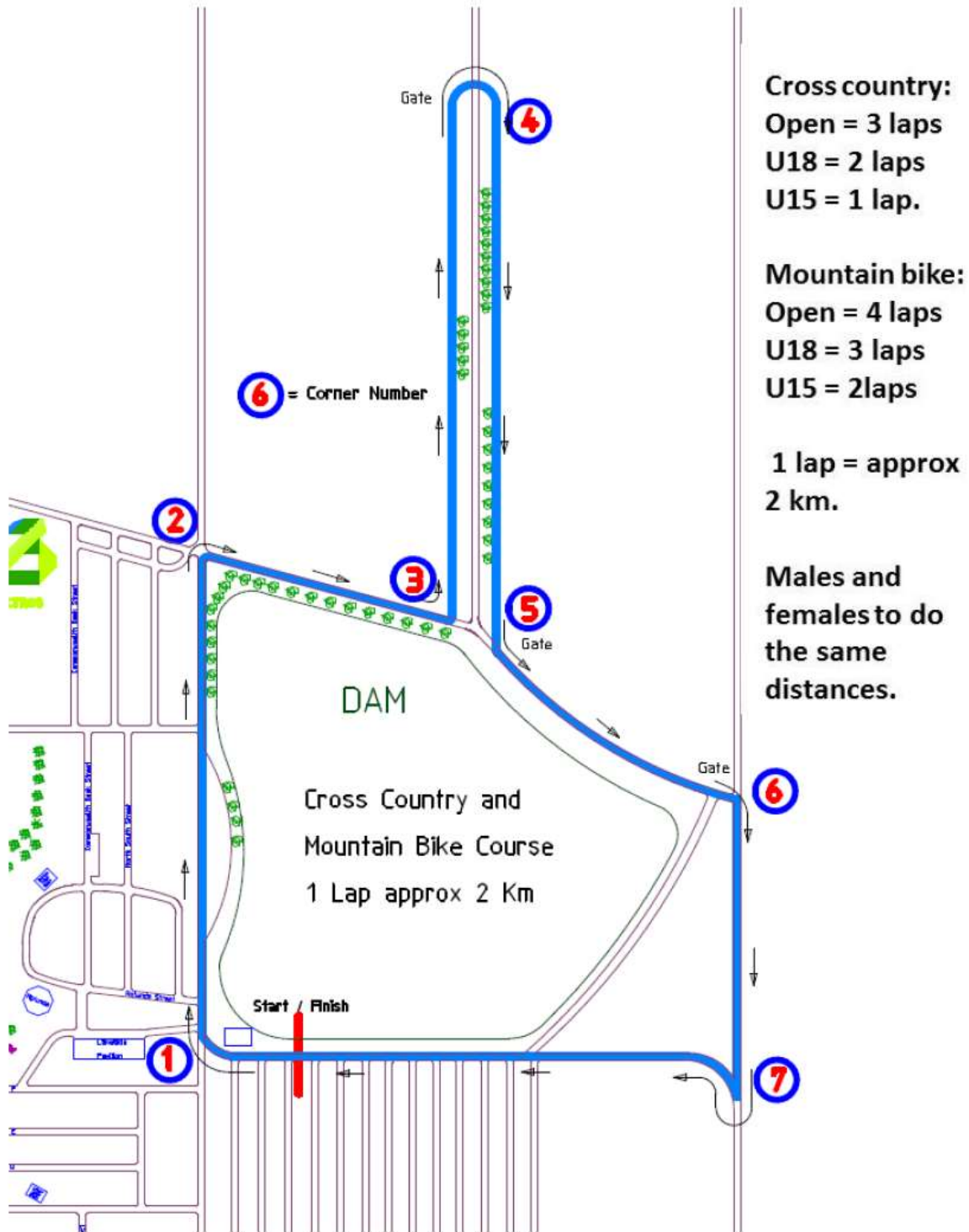
FORMAT

- All races will commence at the one time
- Event distances:
 - Open: 8km = 4 laps
 - U18: 6km = 3 laps
 - U15: 4km = 2 laps

State Youth Games is presented by Youth Vision Victoria

To ensure SYG participants are adequately covered in the event of a personal or sporting related accident it is strongly recommended that participating groups or individual participants arrange personal accident insurance. It is the responsibility of the group co-ordinator to ensure this is communicated to SYG participants associated with their groups.

Mountain Bike Riding – Course Map



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