

Pool Volleyball

All participants must wear their SYG wristband when playing, and show it to the umpires, officials and Sports Coordinators when requested.

GRADE

Open A

Open B

Open C

FORMAT

- Round robin competition followed by knockout finals
- Finals will be held at the completion of the round robin
- 6 players allowed per team, plus substitutes. Unlimited number of substitutions during the match. Players can be rotated off when team wins point to gain serve.
- No restriction on male/female combinations in court at any time.
- Scoring we are playing Rally Point. This means the winner of each rally scores a point whether they have served or not. Games are played to a time limit, with points scored until the allocated time elapses.
- Each team to provide one scorer / time keeper. Play will not commence until both scorers in place.
- Teams will change ends at 'Half Time'.

UMPIRES

• Each group will be required to supply an umpire on a rostered rotation basis.

UNIFORMS AND EQUIPMENT

- All equipment is provided
- Pool Volleyball is played using a Beach Ball.
- The pool depth is between 0.9 metres and 1.3 metres.
- Please bring appropriate swimwear

RULES AND REGULATIONS

Pool Volleyball is played under similar rules to normal Volleyball, with the most noticeable difference being that it is played in a swimming pool.

The object of the game is for each team to send the ball regularly over the net to touch the water surface on the opponent's side, and to prevent the opposition doing similar to them.

The ball is put into play by the right back row player who serves the ball by hitting it over the net to the opponent's side. A team is allowed to hit the ball three times to return it to the opponent's side. A player is not allowed to hit the ball twice consecutively.

The rally continues until the ball touches the water, goes 'out' or a team fails to return it to the opponent's surface or commits a fault. A fault includes carrying and not hitting the ball, touching the net or going to the opponent's side of the net.